

### Do you generally want to receive a message?

So if you want to receive a message - I call it an ABC message or ABC message - ABC means AufBauCode - then take your book or a piece of paper, colored pens and ask: How many digits does the message have? There are usually three, four or five, sometimes more. Then ask each place whether it contains a letter, a number, a color, a symbol or a component from another system, such as a sequence of themes or the zodiac, for example. Most of the time, however, it doesn't go that far. For letters, you ask for upper and lower case, and for Greek. For the numbers, you ask whether they are the results of calculations and derive them accordingly. You can also use intermediate elements between the individual positions, usually small letters that serve as verbs to connect the individual nouns.

### Support

The abc-code as a dynamic system differs from conventional numerology. Current and personal questions will seldom find a precise answer there. The abc-code gives you an individual insight to your personal questions. Due to the infinite number of possibilities that result from the methodology in the abc-code, alien influence and doctrine are almost impossible. So there is an exciting new territory to enter! I wish every new user a lot of fun with the abc-code, deep insight and high fulfillment. Practice makes the master, as it is with everything. The abc-code is like a musical instrument. It takes a while until it sounds, and another while until the sound also pleases. So stay tuned!

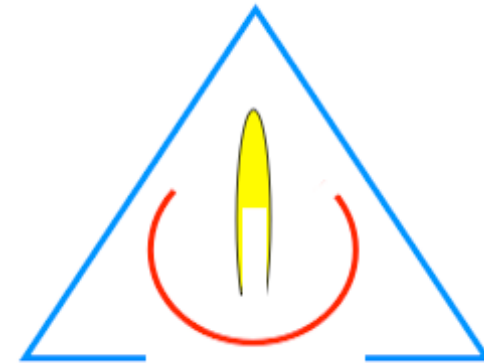
### Decoding together

That makes sense, because often one can fill the gap by listening to the other. And if help or support is needed - below are the contact details.

Spoerri - ABC-Code.com  
reachable under Tel +41 76 377 10 97  
or support@abc-code.com

### Wanting to ...

print on A4 paper: double-sided and mirror on the narrow side, then fold and insert in the agenda

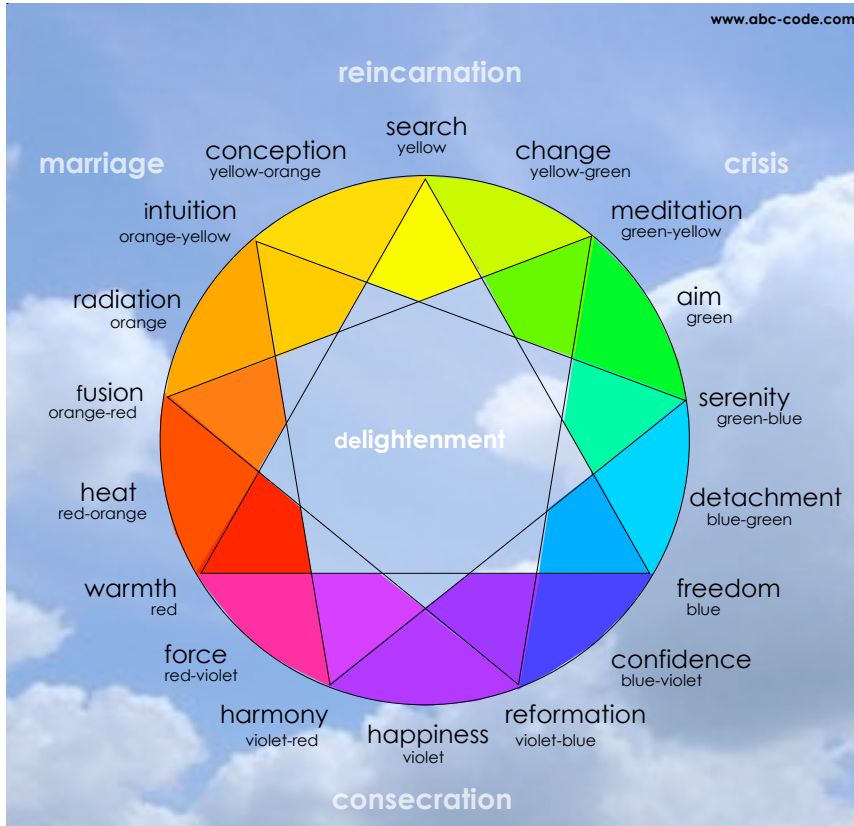
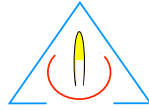


# the spiritual ABC

for

the seeking spirit  
in a warm soul  
in a free body

## color wheel



### You encounter a color?

If it is not the basic meaning of the color, write down the name of the color. Each letter of this name can be written in four ways: How many letters does the name of this color have? How many of these and which are capital letters? Put a dot under the letters. How many and which are Greek? Place a dot over the letter. Now write the whole term on a new line, the small letters blue, the capitals red, the Greek ones with dot.

**You come to the meaningful interpretation text,**  
if you read the previous plates ... how to do.

## greek „alphabet“



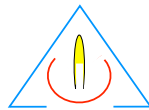
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$\alpha$ Alpha to plant	$\iota$ Iota to believe	$\rho$ Rho to speak
$\beta$ Beta to shine	$\kappa$ Kappa to move	$\sigma$ Sigma to hear
$\gamma$ Gamma to radiate	$\lambda$ Lambda to will	$\tau$ Tau to realize
$\delta$ Delta to breathe	$\mu$ My to be glad	$\upsilon$ Ypsilon to act
$\epsilon$ Epsilon to receive	$\nu$ Ny to testify	$\phi$ Phi to germinate
$\xi$ Zita to organize	$\xi$ Ksi to guide	$\chi$ Chi to result
$\eta$ Ita to start	$\omicron$ Omikron to trust	$\psi$ Psi to thrive
$\theta$ Theta to penetrate	$\pi$ Pi to send	$\omega$ Omega to sound
$\alpha-\theta$ to encounter apprentice	$\iota-\pi$ to educate journeyman	$\rho-\omega$ to vocate master

### You come to the meaningful interpretation text,

by noting the found term respectively the found word vertically so that there remains some space on the left side for the basic meanings of the individual letters. Then you ask to whom or to what the message relates to, and then try intuitively to formulate a text that contains all the basic meanings and additions in turn. You will receive a text - perhaps a bit cryptic - but it will make sense to you personally.

**Note: Note: If a U is greek, then it is written as OY and means "decision".**



<b>A</b> <sub>Alpha</sub> earth	<b>I</b> <sub>Iota</sub> prayer	<b>P</b> <sub>Rho</sub> word of God
<b>B</b> <sub>Beta</sub> heaven/sky	<b>K</b> <sub>Kappa</sub> motive	<b>Σ</b> <sub>Sigma</sub> fulfillment
<b>Γ</b> <sub>Gamma</sub> light	<b>Λ</b> <sub>Lambda</sub> will	<b>T</b> <sub>Tau</sub> task
<b>Δ</b> <sub>Delta</sub> spiritual air	<b>M</b> <sub>My</sub> life	<b>Υ</b> <sub>Ypsilon</sub> action
<b>E</b> <sub>Epsilon</sub> inspiration	<b>N</b> <sub>Ny</sub> love	<b>Φ</b> <sub>Phi</sub> core
<b>Z</b> <sub>Zeta</sub> organ	<b>Ξ</b> <sub>Ksi</sub> guidance	<b>X</b> <sub>Chi</sub> success
<b>H</b> <sub>Ita</sub> initiative	<b>O</b> <sub>Omikron</sub> initiation	<b>Ψ</b> <sub>Psi</sub> prosperity
<b>Θ</b> <sub>Theta</sub> love act	<b>Π</b> <sub>Pi</sub> Grail	<b>Ω</b> <sub>Omega</sub> cosmos
<hr/>		
<b>A-Θ</b> encounter <small>apprentice</small>	<b>I-Π</b> education <small>journeyman</small>	<b>P-Ω</b> vocation <small>master</small>

**You want to decipher a word or a name?**

Then write this name in uppercase or lowercase letters on a piece of paper or on top of a new page in your personal diary. Ask with the yes/no method - commuting is allowed: how many letters does the word have? How many of these and which remain capital letters, which are lowercase letters? Place a dot under the newly determined capital letters. How many and which ones are greek? Place a dot over the newly determined greek letters. Then write the word on a new line, the small letters blue, capitals red, greek ones with dot.

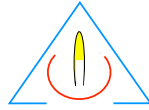


	1	<b>O</b>	soul
	2	<b>I</b>	spirit
	3	<b>A</b>	body
	4	<b>U</b>	future
	5	<b>Y</b>	hand of God
	6	<b>S</b>	meaning of life
	7	<b>F</b>	spirit of God
	8	<b>R</b>	mankind
	9	<b>Ω</b>	cosmos

**You want to decrypt a figure?**

At school, calculations were given and you had to find the result. The abc-code is the other way around: The number you night have dreamed corresponds to the result and the calculation shall be reconstructed. With the yes/no method - and commuting is allowed - you ask until the right term is found: Is the number an addition or a subtraction, a multiplication or a division, a potency or a root ... ? Keep asking until the whole calculation is found. You come to a meaningful interpretation by noting the so found calculation vertically down so that on the left side remains some room for the basic meaning of the numbers. Ask to whom the message relates to and intuitively try to formulate a text that contains all the basic meanings and additions in turn. You will receive a - perhaps cryptic - text that makes sense to you personally.

## nouns



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A	body	J	higher self	S	meaning of life
B	baptism	K	Christ	T	birth/restart
C	mercy	L	spiritual journey	U	future
D	spiritual nutrition	M	humility	V	caress
E	wisdom	N	praise of God	W	calmness
F	spirit of God	O	soul	X	archangel
G	God's advice	P	group	Y	hand of God
H	world/society	Q	suffering		
I	spirit of man	R	mankind	Z	pause break rest

### You want to decipher a word or a name?

Then write this name in uppercase or lowercase letters on a piece of paper or on top of a new page in your personal diary. Ask with the yes/no method - commuting is allowed: how many letters does the word have? How many of these and which remain capital letters, which are lowercase letters? Place a dot under the newly determined capital letters. How many and which ones are greek? Place a dot over the newly determined greek letters. Then write the word on a new line, the small letters blue, capitals red, greek ones with dot. You arrive at a meaningful interpretation by writing the word/sentence vertically down so that there is room on the left for the main meaning (nouns/verbs). Ask to whom the message refers, and intuitively try to formulate a text containing the meanings and complements in turn. You will get a - possibly cryptic - text that makes sense to you.

## verbs



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a	to live	j	to laud	S	to see
b	to pray	k	to suffer	t	to do
c	to donate	l	to think	U	to give
d	to nourish	m	to accept	V	to ask for
e	to call	n	to thank	W	to wait
f	to integrate	O	to be	X	to bless/to value
g	to love	p	to transcend	Y	to effect
h	to centre	q	to recognize		
i	to develop	r	to talk	Z	to ripen/to mature

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